



## NEW COMMUNITY

## CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA &amp; NEW COMMUNITY

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January, 1984

# Dilemma of Battered Women

## Where Can We Go?

### One Mother's Journey to the Shelter Door

Maggie raced screaming along the urban street, blood gushing down her face from a wound in her head; hand held tightly around that of her small, frightened daughter. Her flight ended at the crisis unit of a small local hospital, where her immediate physical and emotional needs were taken care of. To add to her distress, however, doctors examining her daughter Jody for injury found evidence she had been raped — by her stepfather. Shattered, Maggie asked the anguished question "Where Can We Go?"

A short time later she and her little girl, were walking through the door of Babyland's Essex County Shelter for Battered Women and Their Children.

Maggie's journey to the shelter door did not begin on that urban street however. It began many years before that, with a turbulent childhood of parental discord (her mother left and returned home twice), and since she looked a great deal like her mother, beatings "so bad I couldn't function," she told us tremulously. When she was older, these ended with her becoming a rape victim of her own father. At age 14 she fled the state.

At 18 she married, "for peace of mind," and then Jody arrived. But the early marriage ended in divorce because of different lifestyles, "like oranges and apples." "We were just kids," she remembers. Her first hus-

band however "was a gentleman."

Left with a small child to care for she got herself a job, but it meant commuting, and began to put raising her daughter in jeopardy. She tried moving but ended up going on welfare, so she could stay at home until the child was old enough to enter school. At that point she found a job in the health care field, and was pleased to be self-supporting again. All through the years she raised her daughter without problems and had friends who wanted to accomplish things with their lives. She also returned to school for a degree. Then she met her second husband — and tragedy struck again.

Shortly after the marriage she found it was based on lies, and everything changed. Her husband was into drugs, and began to physically abuse her. She fled once more, this time to a sister's house.

To add to the turmoil, her mother was found savagely murdered. Her eyes filled with tears remembering. In an attempt to leave bad memories behind, she accepted a reconciliation attempt by her husband, and moved to a different state, giving up a good job. But the old problem of abuse returned. Then came the night just a few weeks ago when she fled for her life — and that of her child.

When Maggie was told about the

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WELCOME TO THE SHELTER. Sister Clare Elton, shelter coordinator, greets a guest at the shelter door. There's always room at this "Inn".

## NCC Awarded UDAG Funds For Extended Care Facility

The United States Department of Housing and Urban Development (HUD) has awarded 1.6 million dollars in Urban Development Action Grant (UDAG) funds to NCC to pay for a portion of the development costs of the Extended Health Care Facility project. HUD will forward the money to the City of Newark which will then loan the money to NCC. The UDAG loan represents approximately 16% of the total cost of the facility. The N.J. Health Care Facility Financing Authority will be asked to issue 7.2 million dollars in tax-exempt bonds. NCC will utilize syndication proceeds from several housing developments to meet its 1.25 million dollar equity requirement.

The Governor's Office, the Newark Economic Development Corporation,

the Newark Office of Planning and Grantsmanship, the Mayor's Office, the Newark Municipal Council, the New Jersey Housing Finance Agency and the New Jersey Health Care Facility Financing Authority were all instrumental in helping NCC to obtain the UDAG funds.

NCC will have eight years to repay the loan to the City of Newark. As the loan is repaid, the City will reuse the funds to finance additional redevelopment activities, within the city.

Construction is scheduled to begin early in 1984. The Ricciardi Building and Construction Company of Orange, New Jersey will be the general contractor. The facility will be ready for occupancy in the summer of 1985. Approximately 130 new, permanent jobs will be created when the facility is fully operational.

## 100 Years Young

As the year 1983 comes to an end on December 31st, it will mark yet another birthday for Bishop Allen Hamilton — this time the beginning of his 100th year of life.

Reverend Hamilton is a bishop of the Church of God and the saints of Christ and served for 20 years as pastor of his church at 51-53 Jones Street before retiring.

For the last three years, he has been a resident of NC Commons Senior, where he enjoys his own apartment. He has ten children, nine by his first wife Maude, and one by his second wife, Hilda. Eight of his children live in the Newark area along with numerous grandchildren, great-grandchildren and at least one great-great-grandchild.

Reverend Hamilton has resided in Newark for these one hundred years, and he remembers when Broad Street was a dirt road with sheep wandering

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Reverend Allen Hamilton



## Keeping Pace 1983 In Review

*New Community Director of Development Matthew A. Reilly continues series on development activities and related concerns.*



**Matthew  
A. Reilly**

1983 saw NCC taking significant development strides on a number of different projects. New Community Homes, Saint Joseph Plaza, Douglass-Harrison Apartments, the Extended Health Care Facility for the Elderly and the Neighborhood Shopping Center were all areas of major activity. The following chronology highlights the year's most important events:

**January 20:** New Jersey Housing Finance Agency (NJHFA) approved NCC's selection of a syndicator for New Community Homes  
**January 28:** Dedication ceremonies

held at New Community Manor senior building

**February 17:** NJHFA approved financial structure of New Community Homes syndication

**March 1:** NCC released Volume 1, Number 1 of *Clarion*

**April 14:** NCC received 1983 Good Citizenship Award from Real Estate Board of Newark, Irvington and Hillside

**April 20:** U.S. Department of Housing and Urban Development (HUD) issued Site Area and Market Analysis (SAMA) letter for proposed Extended Care Facility

**May 25:** NJHFA approved use of 1 million dollars of syndication proceeds to provide mortgage loan for St. Joseph Plaza

**June 30:** HUD announced award of \$475,000 UDAG loan for St. Joseph Plaza

**July 5:** Rehabilitation work began at St. Joseph Plaza

**July 11:** Newark Central Planning Board approved Fairmount Avenue Street Vacation for Extended Care Facility

**August 1:** NCC leased space at 767 South Orange Avenue to Newark Police Department for West District Community Service Center

**August 8:** Newark Central Planning Board approved blight declaration and redevelopment plan for Extended Care Facility site

**August 15:** NCC acquired Douglass-Harrison apartments from Prudential Insurance Company

**August 24:** NJHFA approved use of \$192,000 of syndication proceeds for Extended Care Facility

**September 8:** N.J. Department of Health issued a revised Certificate of Need for Extended Care Facility

**September 14:** HUD issued FHA Conditional Mortgage Insurance Commitment for Extended Care Facility

**September 21:** Doctors from United Hospitals Medical Center began staffing the NCC Health Care Center

**September 27:** Hundreds of NCC residents attended City Hall meeting where Newark Board of Adjustment approved variance for Extended Care Facility

**September 30:** Syndication of New Community Homes was closed at NJHFA offices in Trenton; mortgage closing for St. Joseph Plaza also held at NJHFA

**October 5:** NCC executed \$275,000 seed money contract with N.J. Department of Community Affairs for neighborhood shopping center

**October 21:** Governor Thomas Kean addressed 800 guests at 15th Anniversary Gala Ball

**October 24:** N.J. Department of Transportation authorized the in-

stallation of the long-awaited traffic light at Babyland II and South Orange Avenue

**November 15:** Extended Care Facility project presented to Members of N.J. Health Care Facility Financing Authority

**December 8:** HUD issued revised FHA Conditional Mortgage Insurance Commitment for Extended Care Facility

**December 9:** NJHFA approved use of additional \$1,050,000 of syndication proceeds for Extended Care Facility

**December 22:** HUD announced award of 1.6 million UDAG loan for Extended Care Facility.

1984 promises to be equally busy and productive. The Extended Care Facility will go into construction early in the year. St. Joseph Plaza will open its doors around mid-year. Renovations are planned for Douglass-Harrison apartments. The neighborhood shopping center has a targeted construction-start date in early Fall. Affordable owner-occupied condominium units are also on the drawing board.

As NCC moves beyond our 15th anniversary year, our vision and our plans broaden as the needs of our community come into sharper focus. We pursue our "new community" dream knowing full-well that the road is long but that we will not rest until our dream has become reality.

## St. Joseph Plaza Taking Shape

Work on the outside of St. Joseph Plaza has all been completed at this point. Everything under the ground including wiring for lights, plumbing and storm drainage is already in place.

Within the structure, all the plumbing is roughed up and the final layout of the restaurant has been decided upon.

Stress trusses are visible and awaiting the laying of the floor on the second level. It is possible to envision now the spaciousness of the proposed offices.

One area over the restaurant will be especially large and gracious enjoying as it does a magnificent stain-

ed glass wall in its arch. Decorating the spaces will be an interesting challenge as they are rented up. A spectrum of color will already be there from the church windows, leading artistic minds to innovative choices of furnishings and designs.

It is an exciting prospect.

For those wise enough to reserve

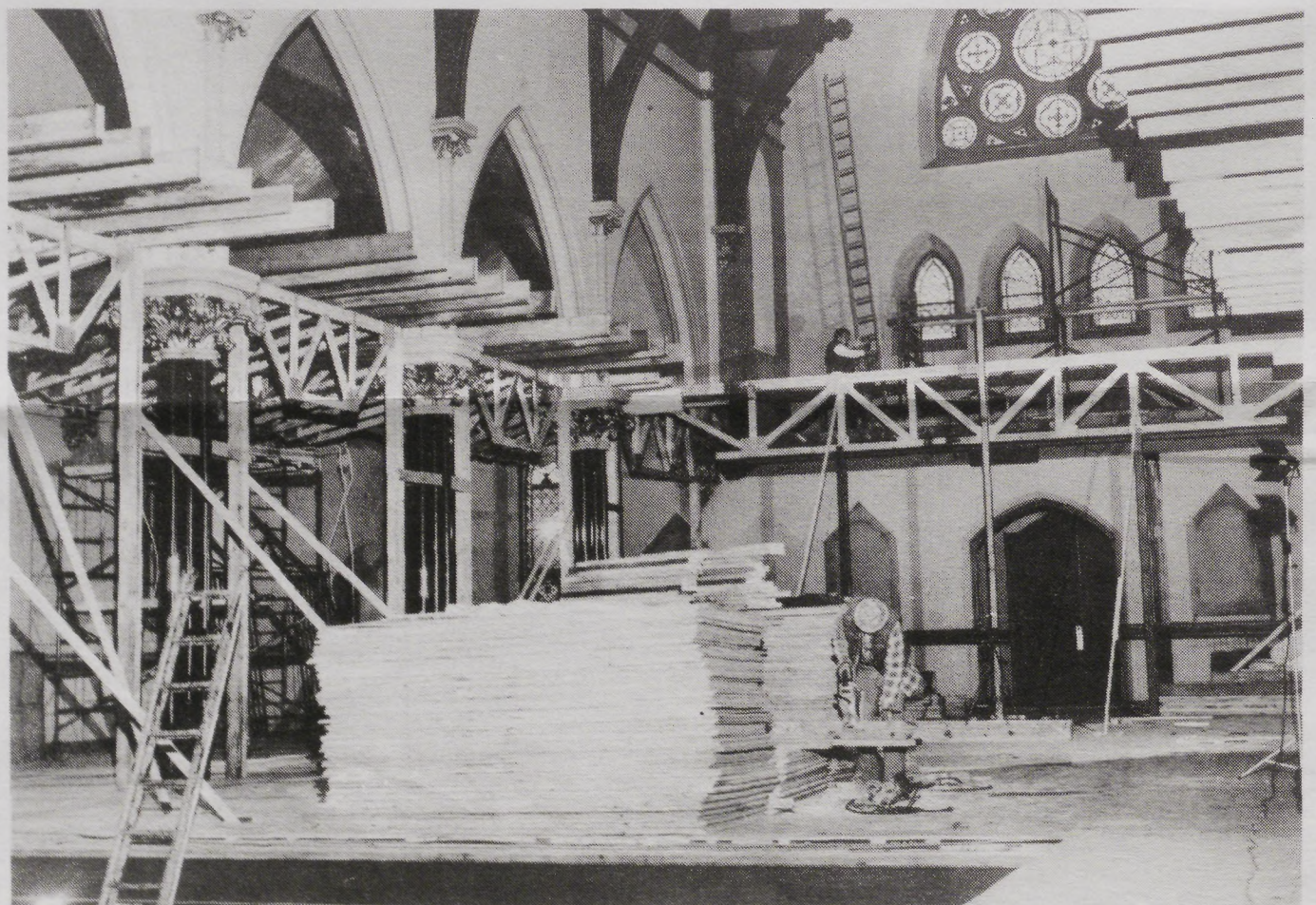
ahead, the former choir loft also boasts an elegant window (which is my favorite), and a view of the atrium with its sparkling glass elevator and inviting restaurant entrance. Visitors will certainly have lots of activity to watch from a bird's eye view, as they await their doctor's appointments.

The office space and restaurant will be completely accessible to the han-

dicapped, and certainly the surroundings will be a world apart from the usual stark, sterile and intimidating settings of medical offices.

St. Joseph Plaza will help to create a whole new concept of private ambulatory medical care in the heart of Newark, which is desperately needed.

We'll keep you posted on its progress.



**PROGRESS AT ST. JOES ...** Interior work moves along as workmen install stress beams and flooring at St. Joseph Plaza.

### THE NEW COMMUNITY CLARION

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## Where Can We Go?

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Babyland Shelter by the people at the hospital, she at first refused to go. "I didn't know what a shelter was," she related. Maggie thought it was "where all bums go," and that "anybody could come in here." Gradually they convinced her it was not — that it was a place where there were kind people who could help her. A place where she and Jody could rest and be safe.

The Division of Youth and Family Service presented another problem for Maggie when they were called in to help, as she immediately associated them **erroneously** with taking away children. Now she knows better. When we talked, she couldn't say enough about their help — guiding her through the "legalese" necessary to bring about assistance. And they will also help with counseling, so that Maggie and Jody will learn to live with the horrors of their pasts.

Maggie told us especially "you got to believe these kids when they tell you something." Jody had feared her step-father would kill her as he had threatened, if she told about the rape. But once questioned in the hospital she was released from this fear, and she feels safe in the shelter. "Here we can rest," Maggie said gratefully. "We sleep good, we're relaxed and content. And Jody is doing well in school."

Maggie is perhaps most upset about the rape of her daughter. She worries about her future and is grateful for the counseling offered.

Luckily they have found an apartment where they don't have to pay for their own gas and electric. They can't afford that. The ladies from DYFS are also finding furniture and clothing allowances so Maggie can look for a

job. Her voice lightened as she told us she was looking forward to going back to work. She's very independent and friendly and likes to be around people and she enjoys laughter.

As is so often the case, a woman must leave **everything** when she flees: job, home, security, family and friends. She is powerless. Some try to continue with their jobs while living at the shelter but find that harassment from their husbands forces them to move to a shelter in some other area. Then they must begin building their lives all over again.

Sometimes groups living at the shelter form a support group for one another after they leave in order to accomplish this.

While we were there a young woman came to visit who had been mugged by a gang of thugs while walking to her newly acquired apartment. She has four small children. Thanks to another friend she met at the shelter she is moving to a safer location. But she is one of the lucky ones.

### Lack of Safe, Affordable Housing A Problem

"One of the reasons people go back to their husbands," Sister Clare Elton, the Shelter coordinator told us, "is because it is difficult to find safe housing." A single woman, oftentimes of minority status and with two or more children is not acceptable to many landlords. "Rent in Newark is also astronomical, and a woman walking out of here has to have \$800." Where can she get such a sum? Because so many landlords have been "burned" by people "skipping" they require a month's deposit and the first month's rent in advance. There is a 2-year wait for Section 8 (subsidized) housing. Many women give up in frustration because of lack



**COUNSELING.** In a warm and homey atmosphere, Sister Clare counsels a client at the shelter.

of decent, safe, affordable housing and never do extricate themselves from their violent situations. Thus domestic violence continues — the cycle begins over and over again.

By the beginning of November, this year, 165 women and 283 children had come to the Babyland Shelter for help. This involved 400 hours of individual counseling per month.

A possible alternative to the housing dilemma, suggested by the State Forum of DYFS at Princeton on November 28th, is the establishment of secondary housing, so that when a client leaves the shelter she can go to a house somehow connected with it,

and pay only a minimal fee for six months, in order to save the security fee for a permanent rental.

There must be a solid effort made to provide a solution to the problem of housing for victims of domestic violence, so that they may have the freedom to live their lives without fear and with dignity.

Only then will the chains of violence shackling them be broken.

Only then will we be able to give them an answer of real hope when they ask —

"Where can we go?"

*Editor's Note: Names have been changed to preserve anonymity.*

## People Care Behind the Shelter Door

Women entering Babyland's Essex County Shelter for Battered Women and Their Children come oftentimes carrying a heavy burden of suspicion and hostility, caused by their life-shattering dilemma. Sometimes they are tense and edgy. Uncertainly is the medium of their situation at that moment and what they need most is time — safe time — where the threatening circumstances of their lives can be put on "hold", and quietly they can begin to relax and look at what has happened, and eventually make some decisions about their future, without pressure.

The shelter affords this opportunity.

Workers at the shelter are trained to help those seeking haven and Annie McLean is one of the caregivers we met recently. She is there to lend an ear and help with residents' problems as well as handle a lot of the inevitable paper work. The day we were there she also baked a couple of delicious upside down cakes for the families living there — all the while listening to a former resident who had dropped in to discuss a new crisis in her life.

When a new person arrives, stock is taken of their emotional tenor. If a little "space" is needed, it is given; if not, if they feel like talking, perhaps a cup of tea or coffee is of-



**Annie McLean—Her warm welcoming ways make families seeking shelter feel at home.**

fered, along with a piece of cake. Sometimes this "normal" activity is the first step toward a restoration of order to lives which have been severely upset. Annie tries to have a sense of what they need, and acts accordingly.

She is a cheerful, relaxed person with a great deal of warmth, and an easy manner with people which tends to make them feel at home; Annie uses these attributes well at the shelter.

Become coming to the Battered Women's Shelter, Annie was employed as a caregiver at Babyland Nursery. She moved to the job of administrative assistant to the coordinator of the Shelter when her clerical skills, learned at Team in Newark, were needed there. In looking back on her Babyland Nursery experience, Annie told us she "learned a lot of patience there" — which of course is also a prime requirement of shelter employees.

Gradually she also learned intake skills, taking the histories of new clients, locating the problems and putting the women in touch with the agencies which could help. She also arranges to have children placed in school while they are at the Shelter and effects transfers for them. If children need medical help, that too is seen to. Anything arising on a dai-

ly basis is handled by her for her particular clients.

Annie came to Newark from North Carolina, where after finishing high school she spent two years studying liberal arts at a local college. Her schooling was interrupted when she came North, but she would like to return to a local college for some courses in social work.

She finds living and working in Newark a tremendous help compared to the long journey she had by bus and train each day to the suburbs in a previous job.

**A cheerful relaxed person with a great deal of warmth.**

Annie feels good about herself and the job she is doing — and that is really important to her. "I love this job," she assured us. She loves "being around the ladies" and keeping the home safe and in order for them. "It feels like home," she declared. And nothing delights her more than getting a phone call from one of the former residents thanking her for her help and telling Annie how well her new life is going.

New clients must feel very reassured too when they are greeted by someone who so obviously **cares**.



# 100 Years Young—A Sparkling Sense of Humor

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down it. He and his six sisters lived with his parents at the family homestead at 90 Court Street until one by one they grew up and married.

A remarkably vital man with a keen mind and a clear knowledge of current events, the Bishop received his education in the first colored school in the city of Newark — James M. Baxter school. Mr. Baxter was principal at the time and there are now apartments bearing his name here. Bishop Hamilton was a frequent visitor at the Baxter Homestead which still stands at 15 Elm Street.

Perhaps it was this relationship which sent him on to Barringer High School. He still remembers some of the four years of German which he studied then and tried it out on this reporter, lamenting the opportunity to use it more frequently. One grandson did get to Frankfurt, Germany, and had a daughter who did enjoy a little German he remembers.

The desire for learning was deeply embedded in his family. After the Emancipation Proclamation of 1876, when his father came to Newark, he was ignorant, but he learned to read and write by using newspapers and magazines. It was against a Southerner's law to teach a slave to read and write, explained Reverend Hamilton. His father's positive attitude caused Mr. Milney at a local smelting plant to teach him the smelting trade, said the Bishop proudly.

He also had a wonderful mother, the Bishop went on. She went to school in Newark when she was 80 years old, to learn to read and write. And she lived until she was 99. She told him she didn't want to live to be a hundred, and she died just short of it.

Reverend Hamilton however, wants to live as long as he can, and is look-

ing forward to his 100th birthday on the 31st.

He knows there are evil things going on in the world and "that makes me feel bad, but I try to throw it off," he says. He has two or three bibles which he reads daily, and they are all marked up — for as he comes to a passage he wants to remember he makes note of it. His memory is "pretty good" he told me, and he can remember verses learned 60 or 70 years ago.

One of the memories he shared with me was a story told to him about Abraham Lincoln, walking down Pennsylvania Avenue with a Southerner. A black man passed him and said "hello Mr. Lincoln." "Hello Sam" Lincoln replied, to the surprise of the Southern friend, who remarked on his taking off his hat to a black man. "That man," replied Lincoln to his friend, "has better manners than I do."

Pride in his country and the freedom it now offers surfaced as he boasted of our rebuke of Communism, and the forces fighting against us in World War II who thought the peace treaty would be signed in a White House occupied by them. But the Bishop dislikes war, and one thing which also sticks in his memory is the picture of women lining Market and Broad Streets leading to Pennsylvania Station in 1916, when the U.S. entered World War I, crying because they didn't know whether they would ever see their loved ones again. He agrees with General William T. Sherman, who said "War is Hell."

Talking of his hopes in life, he revealed that he always wanted to be a great pianist, and has tremendous admiration for Chopin. He loves listening to classical music which he feels has a message to it. Unfortunately, several years ago his record

player was stolen, so now his record collection sits silently in his apartment.

Long before record players were invented he listened to the radio for enjoyment. People made them themselves. "We used what they called a 'cat's whisker'," he recalled, "and used a bedspring for an antenna."

Turning to today's morals, he feels it is a day of disobedience — a "do as you please" time he said sadly. In this regard he reminded me that people must give an account of deeds done in the body "and God knows," he told me "I want it to be good, because if we make a mistake here, when you get over there you can't come back and rectify it," he laughed. "You have one chance."

In raising his family he worked for \$3.50 a week delivering goods, and many times his pockets were empty. His wife stuck to him despite this, he remembered, "and you have to really love a man to do that."

He is a man who seems to appreciate the value of a woman, and he feels lucky to have had two fine wives, re-marrying after the death of his first wife at only 46. He feels it takes a good woman to make a good man.

Next to his chair, Bishop Hamilton had articles which he had cut out of newspapers, concerning events that had meaning to him. Reading is something he really enjoys, and history being made today is recorded by him as it has been for the last 100 years — in his mind.

Sometimes he goes downstairs and listens to people talk. "There's a nice group of people living here. People are nice to me and I'm nice to them." And then he returns to his apartment to read.

When asked the inevitable question concerning the secret of his longevity he quoted the biblical saying,

"Honor thy Father and thy Mother that their days may be longer," and said he would have to fall back on that.

His life as a black man growing up 60 or 70 years ago was certainly not easy, and if given the choice of having his youth back under the same circumstances, he would rather stay old, he said quietly.

Despite the difficulties, throughout his life he has served God and feels that his daddy did too and that this fact also helps the Bishop.

He remains a hopeful man as he begins his second century of life, and feels a favorite song best describes this hope: "Father I stretch my hands to Thee, no other hope I know; if Thou withdraw Thyself from me, whither shall I go?" "I don't know where I'd go," he commented sincerely, "That's been ingrained in me these 60 or 70 years."

Perhaps what keeps him so young — for his looks and vibrancy certainly belie his centenarian existence — is the fact that he feels he "hasn't got all there is to learn down yet," such as Paul's admonition to be content whatever state you're in, and to take no thought for tomorrow.

Another help must be his sparkling sense of humor which surfaced time and again throughout our conversation, and his belief that **laughter is good**.

He is still learning, reading, enjoying, and hoping both for things of this world and the next.

"There's a book waiting and I want my name in it" he said reflectively. "If I could only read my name in that book I'd be the happiest man in the world. I haven't seen it yet — but I hope to."

From what I could gather of this enjoyable man however, he's not in any rush to reach that goal. He's got another whole century ahead of him here.

## News From NC Douglas

### Party Held

The Community Room at Douglas enjoys the advantage of a gracious built-in stage as it was the former Douglas Hotel. At Christmas time this becomes the background for a lovely blinking tree with an illuminated Santa beside it. No matter that the residents are Seniors. As one person told me today "it is the hope and love within one's heart that never stops believing in Santa." Presents were already under the tree and Helen Vaughn, decoration chairman, with her volunteers had brought sparkle to the room. It was indeed ready for the festivities of the season soon to be held. Commenting on the warmth of the Douglas residents, Alma Hanks the building's fine Clarion reporter, who had just returned from the hospital and already was there to help, told us of the turkey dinner planned and the homemade cakes and pies which residents would bring - and of the casseroles being made that very moment in apartments throughout the building.

Two turkeys donated to the building would be cooked by volunteers and the Tenants Association would provide the basic food to go with it.

As a special extra feature fruit basket centerpieces used as decorations were to be given to tenants that were in the hospital, or shut-ins, after the dinner. The fruit was donated by the tenants association, decorations by Helen Vaughn.

Such a lovely way to celebrate Christmas.

### Clock for Community Room

Now gracing the wall of the Douglas community room is an easily readable bold-faced clock. It was donated by the Tenants Association in memory of Nick Lipesky who spent many enjoyable hours in that room. People remembered him because it was his favorite place to be — around his fellow residents — and it seemed fitting that there be something in the room by which he will be remembered. A plaque will be added as soon as possible.

Alma Hanks



'Super' Decorators—Alma Hanks and Helen Vaughn light up NC Douglas community room with Christmas spirit.



## Institute Against Social Violence Presents Workshop

### *Dynamics of the Adolescent Sexual Offender Examined*



**WORKSHOP LEADERS ...** Gerald Shattuck, Ph.D. with co-director of the Institute Against Social Violence, Lynn Reynolds, Ph.D.

Sexual offenders vary in age, but a large segment of molestations involve adolescents. At a workshop presented on Friday, December 2nd, offenders in this particular category were discussed, and a profile given.

The workshop was held at New Community Associates, 180 South Orange Avenue, and included lecture presentations as well as audio-visual materials. It was presented by Lynn Reynolds, Ph.D. and Gerald Shattuck, Ph.D., co-directors of the Institute Against Social Violence in Briarcliff Manor, N.Y. who have had extensive experience in the fields of criminal justice and adolescent offenders.

The typical adolescent sexual offender was described by them as usually being a male, who was a victim of sexual abuse in his own household, and who had a poor sense of masculine identity. These offenders are very sensitive individuals who see rejection in everything and everyone around them. In an attempt to compensate for this, they develop a macho identity and unconsciously distort the feelings of others. They blame others for their own previous experience as victims, and **do not accept the responsibility** for their deviant behavior.

The adolescent child molesters were described as being persons who were looking for a way to "feel better." This age group of offenders is two-thirds white males, and one-third of their victims are family members who are seven years of age or younger.

The Victims Counseling Program services primarily girls who were molested, and eventually became chemically dependent and/or self-destructive. Approximately 70% of the girls impregnated were raped by their fathers.

Various types of rapists were also described by Doctor Reynolds, the first type being the man who carefully planned to rape before he met his victim. These offenders are sadistic

and prone to fantasy and ritualistic thinking.

A second type was described as an impulsive rapist who intended to commit a robbery but later decided to capitalize on the opportunity, feeling he deserved the pleasure involved. This type of person has an error in basic thinking processes and needs cognitive restructuring treatment to help correct the problem.

The "walking time bomb" is the largest category of rapists and the hardest to convict. He is anger itself, looking for a place to release and therefore hurts his victim the most.

Some statistics were cited to help us get a true picture of assaults by adolescents. In Washington, D.C. recently there were more than 1,000 child victims of which 42% were attacked by adolescents, between the ages of 10-19 years. Of these, 82% were **not** charged with the crime. Judges are hesitant to stigmatize children with the label of rapist because there are **not enough effective rehabilitation centers** to help them reform their behavior.

There are various methods of treatment for sexual offenders, including psychodynamic counseling, drug therapy and aversive therapy. Different methods are effective for different offenders.

The far reaching effects and complexity of the problem were somewhat discouraging to the audience which was comprised of Crime Prevention Workers, Catholic Community Service Workers and workers from treatment centers from Pittsburgh, Pa. to Camden, to Suffolk County. Doctor Shattuck ended the conference using Fr. Linder and New Community/Babyland as an example of the effects of two forces working together: power and love. He noted that our response to the issue need not necessarily be violent, and that life is not out of control as long as we use love as our power base. We can work together to improve the quality of life for all.

## The Challenges Of The 80s

Last year, when the illuminated ball in New York's Times Square flashed "1983" people felt as if something were beginning. But actually 1983 was the second year of the eighth decade of our century, and we are only now beginning the decade of the 80's. It is good to take some time, as individuals and as families of New Community, to think about the coming years. Decades have come to be known by nicknames characterized by anger, self-indulgence, or some such trait. How do you want the 80's to be known?

It is not enough for us at Christmas to wait to see "what the years will bring." We have a responsibility to plan for the future, to transform aspects of it without trying to manipulate history or human events. The key is in our expectations of how we will respond to those events: we can blind ourselves to trying to give a Christ-like response of compassion or action or concern. The challenges of these years will be great, as life on Planet Earth becomes even more complex. The conflicts will be sharper, the risks greater. But from a Christian perspective, challenge is an opportunity for more mature faithfulness.

A man and a woman commit their lives to each other in the face of unknown challenges; in the awareness of God's presence in their love, they vow always to pursue an ideal of mutual respect and affection. Their determination is helped by God's grace, and problems and crisis become opportunities for growth in the ability to be exceptional instead

of mediocre. Perhaps as we start out in this year 1984 we can make a like commitment: we do not know the details of the problems ahead, but we can be sure of our partnership with God, and we can pledge to try to give the most Christian response that is in our power.

Non-violence, patience, charity, justice; could not one of these virtues come to characterize our New Community and this decade.

A Happy & Healthy New Year To All!

Sr. Anastasia, S.S.J.  
Social Services

## NC Roseville Report

NC Roseville celebrated Christmas '83 together with a merry dinner-dance, sponsored by the combined clubs; the One South 8th Street Senior Club, and the NC Roseville Good Neighbor Club. Our spacious community room was all aglow with neighborly chit-chat. As was unanimously decided, each club member was allowed to invite a guest to enjoy the December 19th date.

Christmas gifts were exchanged among club members, and a merry "Christmas" evening was enjoyed by all attending. Special thanks to the efforts of the officers of both clubs. Fine dishes and turkeys were cooked and served by volunteering club members.

We at Roseville would like to wish **all of New Community, and friends,** "Happy Holidays" in 1983.

R. Steve Perkins

## Our Bus Driver Takes A New Route



Since 1979 the happy faces of Babyland tots greeted Mabel Forster for a ride to the nursery and back home. Since that time her experience and pleasant manner of handling passengers has entitled her to a promotion.

Mabel now drives the New Community bus and van. Some of the same babies she delivered to Babyland, she now delivers to St. Rose School.

Mabel enjoys her jobs as a driver,

however, now it entails a great deal more, with shopping for the seniors, and getting every patient to the medical center for their appointments. She also picks up the residents for such activities as the ceramic class, and Wednesday Bingo, as well as the After School Program children from Douglass-Harrison. We are certainly glad to have Mabel. Who knows, before she retires she may even get to drive some of her present school passenger's **children** to school.



## Babyland I

Everyone seemed to be filled with the Christmas spirit as Babyland I celebrated its annual Christmas Staff party on December 21st.

Christmas is a time of sharing and this was certainly displayed by staff members. Gifts were exchanged and everyone seemed very enthused and delighted with the gift he or she had received.

The food which was prepared by staff members and included dishes of various cultures was most delicious.

Everyone had lots of fun and this festive occasion finally came to an end as we all wished one another a Merry Christmas and a bright and prosperous New Year.

Ruth Darlington  
Teacher, Babyland I

## Bulletin

### Cost-of-Living Raise For All Recipients of Social Security Checks

According to information received from the Social Security Administration all persons now receiving monthly Social Security payments will be receiving a cost-of-living raise of only 3.5% effective January of 1984. This percentage is considerably lower than last years amount which was 7.4%

The reason for this decrease is based largely in part on the "differential between the consumer price index" for the first quarter of this year (1983) as opposed to that of last year (1982).

Since there was very little inflation in the cost of wholesale products during the first quarter of this year the C.O.L. percentage is much lower.

Gloria Newsome

### Save the Date January 15, 1984

The tenants of NC Gardens Senior are planning a gala dinner dance to celebrate the birthday and honor the memory of Dr. Martin Luther King, Jr. The date is set for Sunday, January 15th in their Community Room at 265 Morris Avenue. The starting time is scheduled for 6 P.M. However, an invitation has been extended to Mrs. Coretta King, the widow of Dr. King who is planning to be in Newark on that date. If Mrs. King is able to accept the invitation the starting time would be set to accommodate Mrs. King.

by Gerry Gannon  
Director of Social Services

The beginning of a new year is always a time of great hope and anticipation of the good things that lie ahead for us in the coming year. It is also a time of looking back on the events of the past year to remind ourselves of what has been accomplished and what still has to be done. Well, this is no less true of the Social Services Department. As we look back on the happenings of 1983 we see that there were many new things that happened, over and above the regular ongoing programs.

First and foremost there were additions to the staff. Late in 1982 Sister Anastasia joined the Department as the Associate Director. During 1983 Sheila Washington became the new Associate Coordinator of Youth Services, while JoAnn Koon-Edwards was hired as the Department Secretary. Finally, Mabel Forester took over the wheel of the NCC bus succeeding Bill Fried, the original NCC bus driver.

February marked the last edition of the **Intercom** under the direction of the NCC Social Service Department. The "newsletter" then blossomed into a full blown professional newspaper called **The Clarion** under the capable direction of Pat Foley, the new editor.

Although the NCC Health Care Center had been established in 1982 the services were enhanced by the provision of regular transportation to and from the Health Care Center for all NCC residents.

## At Your (Social) Services

1982 saw the beginning of two educational programs. In June some 12 residents received certificates after having completed a 10 week course in home health care. The course, which was provided by the American Red Cross, was intended to assist the residents by making them eligible to be hired as home-health aides.

Also in the area of education, 40 residents took part in an eight week Consumer Education course that was provided by the Newark Department of Consumer Education. In addition, each of the senior buildings were provided with a Consumer Ed. program sponsored by Public Service Electric and Gas Co.

As part of the ongoing effort to insure representation of our elected officials, the NCC Board of Directors instructed the NCC Social Services Department together with the NCC Management Department to conduct a full and complete voter registration program which took place during February and March.

Since 1983 marked the 15th Anniversary of the founding of New Community Corporation, Festival '83 was the first of a number of activities to celebrate which included a Classical and Jazz Concert at NC Roseville, a wine and cheese party on the terrace of NC Commons, a Grecian Garden Dance at NC Douglas and the grand finale, the Gala Ball, at the Quality Inn Park Place.

In April the Food Concession at NC Manor opened its doors under the direction of Mrs. Willie Quittley and in March and October more than 20

tons of cheese and butter were distributed to NCC residents compliments of the United States Department of Agriculture.

With the addition of NCC Douglass-Harrison during 1983, it became the responsibility of the Social Service Department, during August and September to conduct a survey of the residents to determine their needs and concerns.

Other programs that were new in 1983 were a parenting program for residents interested in sharing their thoughts on raising children, a Cheerleader and Pep Squad for young girls, a sewing class for families, a group of family members interested in raising funds for youth programs (the Committee for Youth Programs), and the first efforts at the establishment of an Advisory Board for Families.

As we look ahead to 1984 we are planning expanded activities, particularly in the area of services to families. We also anticipate providing a wider variety of services and activities in the senior buildings.

Very often however, the success of the work of the Social Services Department depends on the generous contributions of time and talents that are volunteered by many of the residents themselves. Many residents give of themselves day in and day out in serving their community. We wish to express our most sincere thanks to all of you for your assistance. Without you nothing could be accomplished.



NATIVITY DEDICATION ... Members of St. Rose of Lima School Choir gather around lighted Nativity scene which has been installed in front of NCC Manor Senior building on Orange Street.

**NOW, THERE IS  
HELP** THE ESSEX COUNTY  
FAMILY  
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REFERRALS BY TRAINED STAFF  
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## Happenings in the Security Department

### Burglars Beware!

The NC Security Department has been on the alert as evidenced by the apprehension of burglary suspects on two separate occasions.

On September 30, 1983 Sergeant John Newby and security officer Ricardo Robinson apprehended one suspect found burglarizing a home on 14th Avenue. The suspect was turned over to Newark police and charged with burglary.

Less than a month later, on November 22, 1983, Sergeant John Jackson and security officer Dwayne Freeman apprehended two suspects found burglarizing another home on 14th Avenue. Newark police responded and the officers, in company with Newark police officers, recovered over one thousand dollars (\$1,000.00) in property from the suspect's home. The suspects were turned over to the Newark police and charged with burglary.

### Promotions Awarded

On November 2, 1983 security officers Melvin Bibbs and Ricardo Robinson were elevated to the rank of sergeant.

Rubin Battle  
Director



### Babyland Nursery



Day Care Center in Newark  
24 Hours 7 Days

Ages 2½ Months to 5 Years

Flexible Drop-in Child Care  
Available For:

- Shopping
- Doctor's Appointment
- Domestic Emergencies
- Adult Education

(3 Hours Minimum)  
Ages 2½ Months to 12 Years

**CERTIFIED TEACHING STAFF  
HOT MEALS AND SNACKS  
FOR INFORMATION - 375-3143**



## Tips On Health

This section will be devoted to questions and answers on health. Please mail your questions to the **New Community Clarion**, 755 South Orange Avenue, Newark, New Jersey 07106.

**Question:** I cannot tolerate milk and I have heard it said that one never outgrows the need for milk. Do I have reason to be concerned?

**Answer:** First, I want to explain a little about milk intolerance. This is due to an inborn condition known as lactase - deficiency and is quite common among blacks and orientals. Lactase is an enzyme which is necessary for the digestion of lactose. Lactose is the sugar which is found in milk. Because of this deficiency, milk will cause vomiting and diarrhea. Babies who are suspected to have milk intolerance are given soy milk, which of course, does not contain lactose.

The statement that one never outgrows the need for milk is not exactly accurate. What one never outgrows is the need for **calcium**. But since milk is the richest known source of this material, it has become equated with calcium. Milk is really needed throughout life, not just by growing children, because calcium is not just for bones and teeth as most people think. It is necessary for the proper functioning of the nerves, the



**Soledad Alston**  
R.N.

**Pediatric  
Nurse  
Practitioner**

muscles, the heart, blood clotting and a whole host of other bodily functions. In short, one cannot live without a daily supply of calcium which can be easily obtained in milk. So for those men who think that milk is just for babies, and therefore, it is not "macho" to drink milk, think again.

The minimum daily requirement for calcium is .8 gms. for adults. About two-and-one-half cups of milk provide this requirement. But for those who **cannot** tolerate milk or simply do not care for it, the following are good sources of calcium: broccoli, cabbage, collards, dandelion greens, mustard greens, spinach, turnip greens, rhubarb, sardines, oysters and almonds. All cheese and milk desserts are, of course, very good sources of calcium, but if one cannot digest milk then these foods would also not be tolerated.

### ATTENTION ALL TENANTS

**NCC Health Care Center**

We Have A New Look.

We also have a new telephone number.

**623-2480**

Transportation to NCC Health Care Center will be provided for your convenience.

Please call for an appointment.

If you have any questions call Social Services  
623-6114

## Who's Who At Our Health Care Center A Definitive Index Of Help Provided

**Doctors of medicine (M.D.)** use all accepted methods of medical care. They treat diseases and injuries, provide preventive care, do routine checkups, prescribe drugs, and do some surgery. M.D.'s complete medical school plus 3 to 7 years of graduate medical education. They must be licensed by the state in which they practice.

**Internists (M.D.)** are M.D.'s who specialize in the diagnosis and medical treatment of diseases in adults. Internists do not perform surgery or deliver babies.

**Family practitioners (M.D.)** are M.D.'s who specialize in providing comprehensive health care for all members of a family regardless of age or sex, on a continuing basis.

**Urologist** - a specialist in the urinary system, including the bladder and kidneys in both sexes and the male reproductive system.

**Nurse practitioners (R.N., N.P.)** are registered nurses with training beyond basic nursing education. Nurse practitioners perform physical examinations and diagnostic tests, counsel patients, and develop treatment programs. Regulations regarding their duties vary from state to state. Nurse practitioners may work independently, such as in rural clinics, or may be staff members at hospitals and other health facilities.

**Ophthalmologist (M.D.)** are M.D.'s who specialize in the diagnosis and treatment of diseases of the eye. They also prescribe eyeglasses and

contact lenses. Like other M.D.'s ophthalmologists can prescribe drugs and perform surgery. They often treat older people who have glaucoma and cataracts. Medicare helps pay for all medically necessary surgery or treatment of eye diseases and for examinations and eyeglasses to correct vision after cataract surgery. But it will not pay for routine examinations, eyeglasses, or contact lenses.

**Podiatrists (D.P.M.)** diagnose, treat, and prevent diseases and injuries of the foot. They may do surgery, make devices to correct or prevent foot problems, provide toenail care, and prescribe certain drugs. A podiatrist is not licensed to treat diseases or injuries of any other part of the body. Podiatrists complete 4 years of professional school and, once they have been licensed, Medicare will cover the cost of their services except routine foot care. (However, routine foot care is covered if it is necessary because of diabetic complications.)

**Ear, Nose & Throat (Otolaryngology) (M.D.)** specialist in the area of ears, nose and throat.

These are only a few of the health professionals who provide care to people of all ages. They are especially important to elderly, some of whom require a great deal of medical attention. Ideally, all health professionals will work together to provide other people with care that is comprehensive, efficient, cost-effective, and compassionate.

## Medical Transportation To Be Provided By New Community

Beginning in January, NCC will provide its own medical transportation to all hospitals, doctor's offices, health care centers and clinics in Essex County. This will also include transportation for dialysis treatments.

The fee for the transportation is based on the rate scale approved by the Essex County Division of Welfare. Persons who are receiving Medicaid or Supplemental Security Income (SSI) are eligible for this service at no

charge. Others, who are not receiving Medicaid or SSI may be eligible.

If you are presently being transported to the doctor, hospital, health care center, etc., and are using one of the medical transportation companies, a taxi cab or bus, this service may be just what you have been looking for.

For further information please contact Sr. Anastasia at the NCC Social Services Offices 623-6114.

## Elderly More Susceptible To Danger Of Hypothermia

Winter's cold can pose a life-threatening emergency to older people and is a risk both indoors and outdoors, causing hypothermia. Hypothermia, defined by a sub-normal body temperature, primarily afflicts older people because they are less able to maintain an even body temperature when subjected to cold weather. Respiratory, vascular and other physical illnesses which limit activity may also contribute to the problem.

Hypothermia is said to occur when the body temperature drops more than four degrees below the normal 98.6 Fahrenheit. A drop of eight degrees or more can be fatal. When the body temperature falls below the normal 98.6 Fahrenheit, the heart

cannot pump properly, and a person's blood flow slows down. The person may feel numb, with the ears, nose and toes usually the first parts of the body to be affected. A drop of eight degrees or more can slow blood to the point where the brain does not get enough oxygen. A person can even mistakenly appear to have died with hypothermia, and hospitals now check body temperatures carefully in winter.

The problem can be prevented if older people wear a hat or head covering, gloves, and two pairs of socks, as protection against the cold. Wearing several layers of clothing is more effective than wearing one heavy layer outdoors.

Be alert to the problem this winter. Seniors check on one another!



**SHARING A LIGHT MOMENT...**Dr. James R. Cowan who toured the NC Health Care Center with other management staff of United Hospitals, is greeted by Mary Smith and Father William Linder.





**FROSTY OR SOFTY?** Caregiver Phyllis Powell puts finishing touches on large snow man gracing wall of Babyland I. Snow man was made out of soft cotton balls.



**Gifts on Wheels**—Santa distributes gifts to children at Babyland III from 'Gifts on Wheels,' a non-profit group which collects toys and gifts — all new — donated to them by big businesses, and spontaneously gives them out to people of all ages throughout the metropolitan area.

## Infancy and Toddlerhood

**Infancy** covers approximately the first year of life. It usually lasts from birth until the child begins to crawl or walk. **This is the most important time of your child's life.** In infancy he forms his most fundamental attitude towards himself and his world. During this stage of development, the child's basic task is that of **learning either basic trust in himself and his world, or a basic distrust,** or perhaps something in between. Dr. Fitzhugh Dodson, in his book **HOW TO DISCIPLINE WITH LOVE**, states that if your baby is fed when he is hungry, given plenty of physical cuddling, and not ignored when he cries, he will feel good about himself and his world and will develop a basically optimistic viewpoint toward life.

During the stage of infancy you must remember the importance of rapport as the foundation of discipline. Rapport is what makes you a much-loved person in the eyes of your child, and it also makes him **want to obey you.** You have a whole year in which to build rapport. During this time, by feeding, cuddling, and bathing him, by talking to him, singing to him, changing his diapers and attending to his other needs, you are building a solid relationship. You will draw upon this reservoir of rapport and trust to handle the discipline problems of toddlerhood.

**Toddlerhood** is the stage of exploration. The developmental task of this stage is **learning self-confidence versus learning self-doubt.** You must free the child so that he may explore and research his environment. If he is encouraged to do these things, this stimulating environment will help him acquire feelings of self-confidence, which will become part of his self-concept throughout his life.

On the other hand, if your child is surrounded by many no-nos and restrictions, then he will develop feelings of self-doubt.

At this age it is perfectly normal for a child to have temper tantrums

because his frustration tolerance and impulse control are in a very primitive stage of development. You should be aware of the fact that you cannot communicate with a child in the midst of a tantrum. Hence, if you choose to deal with your child's tantrum, wait until it is over before trying to communicate.

The best way to handle a temper tantrum is simply to ignore the tantrum until it has run its course. If you continue to do this, the child's temper tantrums will eventually disappear, and there are no payoffs in the process.

What are payoffs? Scolding him, lecturing him, yelling at him, or spanking him are **payoffs to him.**

They strengthen the tantrum and make it more likely that he will have more.

Is your house in a perpetual mess? Good! It should be that way with a toddler. We are told that they just aren't built to be psychologically healthy, on the one hand, and keep a neat and tidy house on the other. **The house will not be neat** if you are allowing your Toddler to express his healthy urge for exploration. However, make it easy for yourself by tidying up the house only once, at the end of the day, instead of constantly picking up after him.

Finally, Toddlerhood is a delightful stage in which very few discipline problems need arise. The discipline method of environmental control is the basic secret of handling a Toddler. Give him an environment in which he is free to explore - a childproof house and backyard. He will be difficult to manage in a house and backyard that are not suited to his needs. Therefore if you live in an apartment, you may have to complement that with visits to the playground or park. Do whatever is necessary for you and your child to completely enjoy this most interesting stage of his development.

Sister Marie Infanta Gonzales, OSP  
Education Consultant

## Volunteers and Coaches Being Sought

The New Community Youth Program is looking for community minded people that would be interested in working in our various recreational, cultural and educational programs. We need teacher's aides for our afterschool and summer programs. Coaches for the NCC Jr. Basketball League, Women's Softball, Little League Baseball, and Mens Softball Teams are also needed.

We are not concerned about good teaching or coaching skills. All we require from you is that you have a desire and interest to be with young people. If you are interested in volunteering some of your free time please call 623-6114 between the hours of 9:00 A.M. and 5:00 P.M. It's a great way to start off the new year.

Paul Reid, Jr.  
Youth Services Coordinator

## Calendar of Youth Events January

- |      |  |
|------|--|
| 6th  | Pre-teen Disco Gardens Family Pavillion. 4:30-8:30 P.M. Cost \$1.00                        |
| 8th  | NCC Youth Council's 3rd Annual Awards banquet to be held at Commons Senior (140) 5:00 P.M. |
| 9th  | NCC Senior Basketball League begins. All games will be played at Newton Street School.     |
| 13th | Pre-teen Disco at Gardens Family Pavillion. 4:30-8:30 P.M.                                 |
| 14th | Jr. Basketball League to begin 10:00 A.M. at Newton Street School.                         |
| 28th | Trip to the Meadowlands Brendon Byrne Arena (Ice Capades) 10:00 P.M. Cost \$10.00          |



## Culture and Art

### A Century of Black Photographers

*A Century of Black Photographers: 1840-1960* opens on February 7. This major exhibition of 150 works by twenty-seven black Americans ranges from rarely-seen 19th-century daguerreotypes to the work of contemporaries such as Robert Scurlock, James Van DerZee and P.H. Polk. Covering almost every type of subject matter, this selection documents the substantial contribution to photography made by Afro-Americans. At the same time it gives a deeply affecting view of black life over the last century. As one writer for *Art in America* recently noted of this exhibition, "the history books (on American photography) will have to be rewritten."

Black Americans were active as photographers from the infant years of the medium, often running studios that specialized in Daguerreotype portraits and, at a later date, stereographic views. Their work documents both black and white

Americans, whether formally posed or captured in their working environment. Many contemporaries in the exhibition worked as journalistic photographers. Gordon Parks' *Welfare Office, Mother and Children* (1967) is typical of this genre and was taken as part of an assignment for *Life* magazine. The contemporary work of Roy DeCarava, such as *Couples, New York* (1960), strikes a harmonious balance between subject matter and the formal concerns of the photographer as artist.

*A Century of Black Photographers* has been organized by the Museum of Art, Rhode Island School of Design, with the support of grants from the National Endowment for the Arts, the Ford Foundation, the Rhode Island Committee for the Humanities and the Leonard Rumpler Foundation. The exhibition is accompanied by a fully-illustrated catalogue, available at the Museum Shop (\$9.95).

### A Christmas Pageant

On Sunday, December 18, some thirty-five youngsters in grades 3 to 8 took delight in presenting "The Birth of Christ" - a Christmas pageant told in story and song. Each year as the season of Christmas approaches the school children of St. Rose's present a Christmas program. But this year, in an attempt to present the true meaning of this holiday, the text was taken from the book of Isaiah and the four gospels.

Mrs. Emily Ross, the musical director of St. Rose's School, began rehearsals during the last week of November to ensure a spectacular performance. She was assisted by Mr. Curtis Watkins, organist for the Parish, and Mrs. Thelma McCloud. The pageant was revealed by a narrative beginning with Mary's conception and ending at the visit of the wisemen.

Dramatization of the Good News is by no means a novelty at St. Rose's, inasmuch as students for years have done so in order to obtain a deeper understanding of the scriptures.

The role of Mary, the mother of the infant Jesus was played by Angela Knox, and that of Joseph, her spouse, by Damon Brackett; both are eighth graders. The other characters were:

Gabriel - the angel . . . Rooney Reese  
Caesar Augustus . . . Andre McBride  
Herod - the King . . . Dannie LeGrand  
Innkeeper . . . . . George Baldwin  
Shepherds . . . . . Len James

Tommie Barnes  
Joselius . . . . . Jermaine Sharpe  
Wise Men . . . . . Rodney Kimble  
Franklyn Frances  
Brian Graham

The narrators were Sharonda Dails, Livingston Cross, Cheryl Baldwin, Cynthia Sharpe, and Addison Bhyan. Owen Parris and Edward Roman, both seventh graders, assisted Mrs. Ross with the construction of the scenery. The St. Rose of Lima Junior Choir sang appropriate songs and carols which added that special meaning, which, as if by greeting card magic, made this one of the finest Christmas programs ever.

### Bobcat Loader Roars

In November, NCC purchased a new piece of equipment to be used for maintenance work. The Clark Bobcat pictured will enable us to do a wide variety of work which was formerly given to outside contractors. By simply changing the front attachment we can use the machine as a backhoe, trencher, hole digger, front end loader, or fork lift. The Bobcat is a big step forward in our effort to become a self-sufficient maintenance organization.

Pictured is the Bobcat with Richard Rohrman, assistant maintenance director, as it is being utilized to install electrical conduits. It was also used to prepare for installation of new health care center sign.



### Newark Public Library Issues A Call For Poems

All interested poets or would-be-poets are invited to submit poetry for the Fifth Annual Poetry Program set for March 24, 1984 at the Newark Public Library.

WE THE PEOPLE will be the theme for 1984 with the following rules and regulations in effect for submissions:

- 1) Type all poems on standard 8½"x11" paper.
- 2) Send four (4) copies of each poem, but put your name and address on one copy only, in the upper left hand corner.
- 3) Limit your submissions to 75 lines in total, distributed over as few or as many poems as you wish.
- 4) Include a stamped, self-addressed envelope so that we can inform you if you are to read or exhibit your work. (Submission of work is a commitment to read if invited to do so).
- 5) Your submission must be post-

marked no later than February 10, 1984 and

6) Send your poetry to:

Leslie Kahn  
Poetry Program Coordinator  
Newark Public Library  
P.O. Box 630  
Newark, N.J. 07101-0630

You will hear from a Library representative no later than March 1, 1984. Every poet will either read or have his/her poetry displayed. We regret that we cannot return submissions.

A **Ballad Contest** will be held as an added attraction. Ballad Stanzas are usually four to eight lines long, in ABCB rhyme. Subject matter may be humorous or tragic, heroic, disastrous or supernatural. Please send no more than **two** ballads totalling not over 80 lines.

For further information, call the Library at (201) 733-7800.

### Black Aviators

Opening on February 7, *Black Wings: The American Black in Aviation* depicts the contributions and achievements of blacks in the field of aviation, from Eugene Bullard, the world's first black combat pilot in World War I, to the black astronauts assigned to the Space Shuttle. Organized in four parts, photo panels cover early flight schools of the 1930s, military achievements during 1941-45 and postwar contributions, including important breakthroughs in commercial aviation and the space program. Among the many black aviators highlighted is New Jersey resident Dr. Albert E. Forsythe, who with C. Alfred Anderson carefully planned and executed pioneering long-distance flights in 1933 and 1934. Dr. Forsythe's achievements

will be honored at a lecture on Sunday, February 12.

The Newark showing of *Black Wings* is sponsored by The Port Authority of New York and New Jersey and the Federal Aviation Administration, Eastern Region. The show was organized by the Smithsonian's National Air and Space Museum under the auspices of the Smithsonian Institution Travelling Exhibition Service (SITES). Supporters of the exhibition and related programs include The North Jersey Chapter, The LINKS, Inc., and the North Jersey Chapter of the National Association of Business and Professional Womens Clubs, Inc. The accompanying catalogue of *Black Wings* is available in the Museum Shop (\$6.95).

"Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity."

—Gen. George S. Patton, Jr.



## New Community Associates

On November 19th, the Inspiration Gospel Chorus sponsored a fabulous program. The air was filled with good gospel music and inspirational poems and readings. It was delightful having friends, neighbors and relatives cooperate to make the program a success. The chorus thanks everyone who participated, and appreciated them taking time to help make the evening a success. We are looking forward to seeing You, You and You at the 5th Anniversary of the Inspiration Gospel Chorus January 27, 1984 at 7:30 P.M. in the community room at 180 So. Orange Ave. We would be very happy to see you there and promise you a glorious time.

\*\*\*

A pre-Thanksgiving Day Dinner was given by the Arts and Crafts Club. Several seniors enjoyed a Turkey Dinner with all the trimmings. Dinners were sent to the shut-ins and handicapped. This festive affair was held on November 22nd.

\*\*\*

The Arts and Crafts Club members are busy again making gifts and decorations for the holidays. Before the holiday season, they made large sundials from the cardboard tubes of paper towels and small sundials using the tubes from toilet tissue. Other articles needed to complete the sundial are spring type clothes pins, spray paint, glitter, and in the center a butterfly. They make beautiful wall decorations. A beautiful waste paper basket was made from a 3 gallon ice cream container, covered with pretty magazine pages, which were rolled and then glued in place. Table centerpieces were made from plastic doilies, and plastic rings from 6 pack beer or soda cans tied with yarn and sprayed with paint. Another clever project was Christmas bells made from plastic cups, colored tissue paper, and beaded string which were put together and attached to a large bow. Miniature chairs for the doll set were made of regular clothespins. Ellen Watson, the President, has certainly kept the members busy with new ideas and plans.

The membership has now reached 14. Ms. Watson said in January the club will be open for new members. Anyone interested can get in touch with her, at her apartment, #1109 or by telephone at 624-3850. We are looking forward to a prosperous year.

\*\*\*

Doesn't our building look beautiful for the holidays? The decorations are original and colorful. From the front windows to the community room the holiday spirit is captured. We owe this atmosphere to a beautiful lady named Doris Crenshaw. She is helpful in many ways, but her specialty is interior decorating. This is just the beginning; be looking for more beauty and color on Valentine's Day and other major holidays and occasions.

A job well done "Lady D."

\*\*\*

**A thank you to a tireless worker.**  
One day in June of 1978, Ms. Ellen Watson felt that there were tenants in the building who would need help from others, and wondered how to go about doing this. Then she conceived the idea of Floor Captains, which later became a reality. The Volunteer

Floor Captain Corps was thus born and put into action. A year later she organized a group to be hostesses at the activities in the building. The original hostesses received pins and aprons; some are still serving as hostesses, as are many of the original floor captains. Ms. Watson came into the building working and has kept busy. She was president of the floor captains until November 1983, when she retired, as she wanted to devote more time to Arts & Crafts. We thank you Ms. Watson for a job well done. Other buildings have caught on to your idea of Floor Captains.

We are very happy to have a man working with us now and elected him the new Floor Captain president. His name is Mr. Walter Cummings. Ms. Doris Crenshaw is our new vice-president; Lavania McRae, recording secretary; Phyllis Burton, financial secretary; and Oler Peterman, treasurer.

Phyllis Burton  
NC Associates

## A Letter Of Thanks To A Friend Across The Highway

Dear Dr. Cowan:

We, the students of St. Rose of Lima School would like to thank you for the special gifts you have given us.

First, we would like to thank you for the fantastic video game "Defender." The school feels that a little Christmas has already been here. The game has been placed in the cafeteria for our pleasure and Kelsey Levant, an eighth grader, has been given the responsibility of managing the game. It is up to him to supervise its use in order to give as many students a chance to play as possible.

Secondly, we would like to thank you, Dr. Coman and your staff for inviting us to come over to the Hospital Annex to meet and speak with Darryl Dawkins, star center of the New Jersey Nets Pro Basketball team. We thought it was thrilling. He shook our hands and gave us his autograph. Our teacher, Ms. Cabato was just as excited as we were when Duncan, the

Mascot of the New Jersey Nets teased her.

Finally, we would like to commend you, Dr. Cowan for your dedication towards United Hospitals Medical Center, for trying everything possible to improve facilities and constantly finding better ways to serve the people. We know you are doing a great job of being President and Chief Executive Officer of United Hospitals. We extend our special gratitude for all the things you have done for us. We would like to encourage our Principal, Mr. Wilson, to speak to you about being the main speaker at the graduation of the Eighth Grade this coming June. As representatives of our school and especially the Eighth Grade, we wish you and your staff a Merry Christmas and a Happy New Year, with love from St. Rose of Lima.

Sincerely yours,  
Roger Tatum  
Kelsey Levant  
Raul Caballero



**DECK THE HALLS ...** Some of the arts & crafts ladies who have decorated the senior building at 180 for the Christmas season are from left to right, Janie Godbalt, Phyllis Burton, Doris Crenshaw, Oler Peterman, Willie Sharpe, Ellen Watson & Rosa Bursey.

## REPORTERS NEEDED

**TO SPREAD THE WORD ABOUT EVENTS HAPPENING IN OUR BUILDINGS WE NEED RESIDENT REPORTERS TO WRITE ABOUT THEM. DOUGLASS-HARRISON, NC MANOR AND NC GARDENS NEED VOLUNTEERS TO REPORT THEIR NEWS.**

**WOULD YOU LIKE TO BE A NC RESIDENT REPORTER?**

**CALL GERRY GANNON AT 623-6114 (SOCIAL SERVICES) TO VOLUNTEER.**

## Unemployment: Worst Illness In America

"The best Christmas gift this country can receive is the thought of people going back to work," presidential spokesman Larry Speakes is quoted as saying. This statement was made as a result of the national unemployment rate dropping to 8.4 percent in November.

Yet, the thought of work was not a Christmas gift for the many unemployed. Unemployment among Blacks is presently 17.3 percent, and 12.3 percent among Hispanics. The

jobless rate among Black teenagers is an appalling 46.2 percent. Full employment in our country is the only acceptable gift for the coming year of 1984.

Unemployment shatters people's dignity; wrests power over their own lives from their hands; turns confidence eventually to despair and hatred. It is one of the worst ills of humankind.

**RESTORE A PERSON — OFFER A JOB!**

## Registration for NCC Men's Basketball League

Applications are being accepted for the New Community Men's (Winter) Basketball League. The league is scheduled to begin on Monday, January 9, 1983 at 6:30 P.M. An entrance fee of \$100.00 will be assessed

each team entering the league. All games will be played at Newton Street School. Anyone interested in participating in the league should contact Paul Reid at the NCC Social Services 623-6114.



May your cup runneth  
over with happy times,  
prosperous days and  
the very best of health!

# Happy New Year

Warm wishes for a  
New Year of peace,  
prosperity and prog-  
ress in the future.

## How Do You Build A 'New Community'

Are we really building a New Community? If we were to ask ourselves this very intriguing question, many of us would not be able to begin to answer it. This may be partially due to the fact that many of us do not have any sense of what a real community is like!

Webster defines a community as, "a group of people with a common characteristic or interest living in a larger society, linked by common policy or a common history or political interest." This definition encompasses a myriad of factors but what does it really mean to you and me? Simply stated it means New Community is a populace consisting of low and middle income people. The majority of the people tend to be of the same race and ethnic background. They tend to have the same socio-economic status and political interest.

These are characteristics found in every community, but a real community is composed of a few other necessary ingredients.

A real community consists of "caring." It consists of people really caring about the welfare of their neighbors, and their neighbors' neighbor; looking after neighbors children with the same sense of love and warmth that we give to our own flesh and blood. It's helping Mrs.

Jones when her husband is seriously ill or a friendly visit to Mr. Miles to simply say "hello". It's taking that extra effort to get to know that lady next door that you thought was so mean, but all she really wanted was a smile and some warm words or greetings from a friend. This is what community is all about.

Community is people respecting other people and their property regardless of their value system or economic well being. But in order for people to look up to us and respect us we must first have respect for ourselves. Once we have our self respect then and only then can we have respect for our priest, our pastors, our neighbors, our doctors, teachers, firemen, our maintenance men, security personnel, our friends and more importantly our children and the community. This is what community is all about.

Community is pride: feeling good about where you live and doing everything within your power to preserve it; feeling good to look out your front door or back door and see grass, trees, and flowers, growing. Feeling good about the fact that our community is one of the best the city or the state has to offer. This is what community is all about.

All the aforementioned characteris-

tics are the necessary ingredients that it takes to build a community, but the most important ingredient is "love." We must begin to put some love in our hearts and spread it around. Share some with your neighbors, friends, family and others. If we all take one step towards somebody and reach out and touch someone's hand or maybe their heart, then and only then will the process of developing a new community begin.

As the new year rapidly approaches I would like each and everyone of us to try in 1984 to get to know our neighbor next door or try to mend a broken tie with a neighbor with whom we really would like to continue being friends. In geometry they say that the shortest distance between two points is a straight line. But the shortest distance between two people is a "smile." Remember, love isn't love until you give it to someone else then it becomes the most beautiful thing. This is what community is all about.

Merry Christmas and  
A Happy New Year  
Paul Reid, Jr.  
Youth Coordinator

## 'Great American Smokeout' Kicking the habit

It has been about one month since the Great American Smokeout and, as many of those who quit smoking for the day found out, it is very easy to stop smoking.

The big problem is not starting up again.

No one has come up with a surefire solution, but the effort to find one is turning into a booming business. Such organizations as the American Cancer Society, the American Lung Association and the U.S. Food and Drug Administration (FDA) warned that there are no gimmicks (a pill or cigarette substitute) or programs that can guarantee an end to your smoking habit. There are behavior modification techniques that can help, but in the end it comes down to **your** will power, versus your urge to smoke.

The stop-smoking aids are very much like weight-loss diets and techniques; what fails for one person may very well ease another over the physical and psychological barriers to a life-time free from smoking.

## Renew Your Mind

"Be ye transformed by the renewing of your mind..."

Romans 12:2

There is more in you than has ever been brought out. For a man to change from what he is to what he can be, he must be 'born again,' not as a new fetus but as a new spirit, a new mind. He must alter his interior attitude toward life. Life develops from within, from deep resources in the soul. By the renewing of minds the Christian movement gradually undermined and destroyed the old order of the ancient world.

A black teenager gang member was on his way to join his fellow gang members preparatory to engaging in a street gang fight, when momentarily he stopped to listen to a black street corner preacher quote, "if any man be in Christ, he is a new creature: old things are passed away; behold all things are become new." He started thinking about his life and immediate mission. At the gang meeting, facing his cronies, he told them that his mind had changed and that he was leaving the gang for another way of life. When he left the gang a few members followed him. He renewed his mind and was transformed into a new and wholesome human being reaching out to help save the lives of other youths. This young man became known as Reverend Tom Skinner.

Change is an essential part of human living. Early man planted a seed in the ground, waited, and there began agriculture and with it the beginning of civilization. Jesus planted a seed, an idea, and there began Christianity.

Remember the story of the little train that couldn't get up the hill until it renewed its mind and began to think it could? As it chugged along saying to itself "I think I can, I think I can" it was moving inch by inch up the hill, until it eventually reached the top. The smallest of us can stand for the greatest things. A lantern can represent the same cause of light that the sun stands for, and in its corner of the world a lantern can often do what the sun could never do.

Few things in the world are so powerful as an idea whose time has come. This has been manifested in the lives of quite ordinary people, unlearned and even ignorant. A person does not have to be great to be used by great ideas. The ultimate meaning of our lives, lies in the ideas which we allow to use us.

They crucified Jesus but could not kill his idea. Not one nail they drove pierced it; not one stone they rolled before His tomb imprisoned it.

There are two kinds of elements in a situation, first, the things you **can** not help, and second, the thing you **can** help - your attitude. Do not despise your misfortunes but take a positive attitude toward them for they present opportunities. It is a good cook who, after the dinner has been burned, knows how to make a fine meal out of the leftovers.

To transform your life, you can renew your mind by thinking on those values that elevate, purify, empower and ennoble the soul, and Christ over all.

Lewis Graves  
Springfield Branch  
Newark Public Library



UP, UP & AWAY ... A tall, tall, Christmas tree decks the front hall of Babyland III as youngsters try to see the top. No it wasn't Santa they were looking at. It was the photographer taking their picture.